



Oral Sedation Information

Dr. Bradley Crossfield has recommended that your child's dental treatment be completed using mild/moderate oral sedation. Our utmost priority at Tooth Squad Pediatric Dentistry is the safety and wellbeing of your child. Due to anxiety and fear of dental care, many children need a special procedure to allow their treatment to be done safely and efficiently. Oral sedation is the use of a sedative drug administered orally in the dental office prior to dental treatment. Sedation can help increase cooperation and reduce anxiety and/or discomfort associated with dental treatment. These sedative drugs minimally depress the level of consciousness, while allowing the child to independently and fully maintain their breathing and circulatory functions. The child can respond to verbal commands and physical stimulation. Your child is monitored continuously throughout the procedure and is protected by positioning and protective stabilization equipment ensuring the utmost safety of your child.

In the following pages, you will find a list of preoperative instructions for the day of dental treatment. Please review these instructions thoroughly prior to your appointment. You, as parent/legal guardian, play a key role in your child's dental care. Children often perceive a parent's anxiety which makes them more fearful. They tolerate procedures best when their parents understand what to expect and prepare them for the experience. Please do not hesitate to approach our team with any questions or concerns. Our goal at Tooth Squad Pediatric Dentistry is for you to understand and be comfortable with the procedures. As you become more confident so will your child. Thank you for entrusting us with the care of your child.



Instructions to Follow Before Your Child's Sedation

Safety of your child is the utmost importance at Tooth Squad Pediatric Dentistry. In order to provide your child with a safe and effective sedation experience, you must carefully follow every instruction listed below. We sincerely appreciate your cooperation to achieve this mutual goal. Be calm, confident and knowledgeable. You, as parent/legal guardian, play a key role in your child's dental care. Children often perceive a parent's anxiety which makes them more fearful. They tolerate procedures best when their parents understand what to expect and are calm and confident. If you have any questions about the sedation process, please ask; we are happy to answer any questions that you may have. As you become more calm and confident about dentistry, so will your child.

Health Changes

Please notify our office of any change in your child's health and/or medical condition. Fever, ear infection, nasal or chest congestion, or recent head trauma could place your child at increased risk for complications. Should your child become ill just prior to a sedation appointment, contact our office to see if it is necessary to postpone the sedation.

Medications

Tell us about any prescribed, over-the-counter, or herbal medications your child is taking and report any allergies or reactions to medications that your child has experienced. Check with us to see if routine medications should be taken the day of the sedation.

Fasting (no food and liquids)

Food and liquids must be restricted in the hours prior to sedation. Fasting decreases the risk of vomiting and aspirating stomach contents into the lungs, a potentially life-threatening problem. We will not proceed with the sedation if you do not comply with the following requirements. Let everyone in the home know about the fasting requirements, because siblings and others often unknowingly feed the child. Minimum time of fasting prior to appointment is **6 hours**. If applicable, patient should take prescribed medications as directed by physician with a sip of water.

Loose Clothing

Dress your child in loose fitting, comfortable clothing. No jewelry, hair accessories, or nail polish. Having access to the patient's arms and legs will allow us to place monitors that evaluate your child's response to the medications and help ensure your child's safety. These monitors may measure effects on your child's breathing, heart rate, and blood pressure. Please refrain from dressing your child in footie or onesie pajamas. Try not to bring other children to this appointment, so you can focus your attention on your child undergoing the sedation.

Arrive on Time

It is VERY important that you arrive on time to your appointment. The scheduled time includes the time required for the sedation medication to take effect. A calm, orderly day would provide the best chance for quality sedation. Any rushing, either by you or us would jeopardize the chance of success.